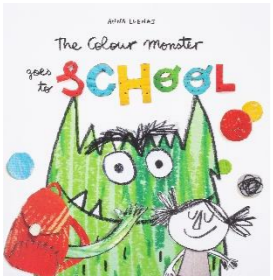
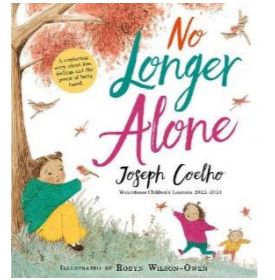
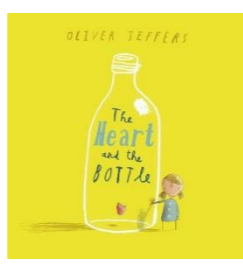
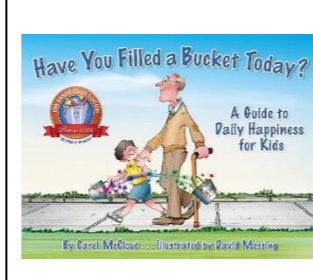
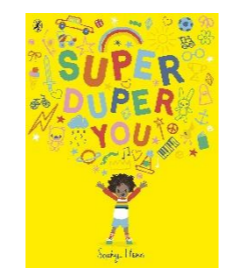
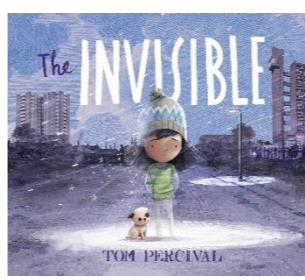
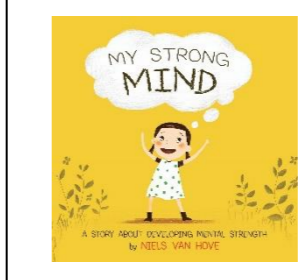
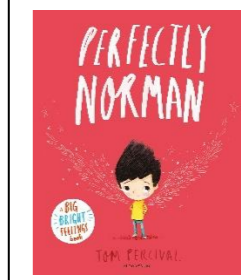
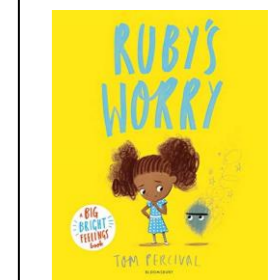
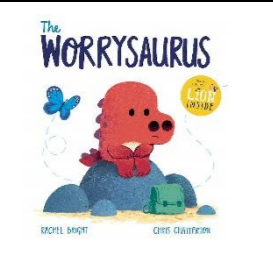
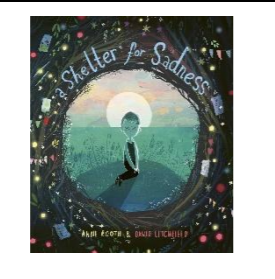
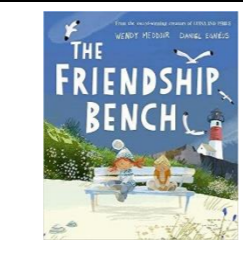

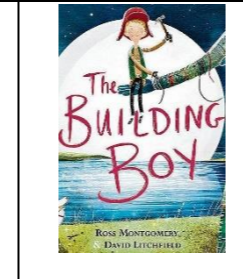
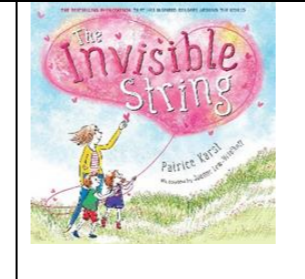
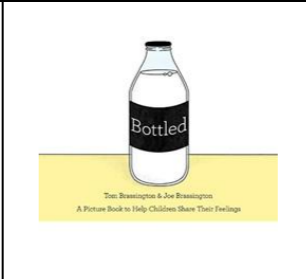

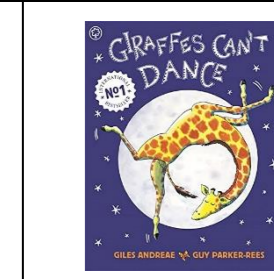




Skelton School Mental Health and Wellbeing - Picture Books for Emotional Literacy

| | | | | | | | | | |
|--------------------|---|---|--|---|---|---|---|---|---|
| Title | The Colour Monster goes to school | No Longer Alone | The heart and the Bottle | Have you filled a bucket today? | Super Duper You | The Invisible | My Strong Mind | Perfectly Norman | Ruby's Worry |
| Author | by Anna Llenas | By Joseph Coelho | by Oliver Jeffers | by Carol McCloud | by Sophy Henn | by Tom Percival | by Niels Van Hove | by Tom Percival | by Tom Percival |
| Front cover |  |  |  |  |  |  |  |  |  |
| Theme | First day of school Nervousness | Shyness Sadness Loss | Sadness and Loneliness | Kindness | Being yourself Uniqueness | Being seen Making a difference | Growth mindset Resilience | Being yourself Confidence | Worries Communicating |

| | | | | | | | | | |
|--------------------|---|---|--|---|---|---|---|---|---|
| Title | The Worrysaurus | Shelter for Sadness | The Friendship Bench | On a Sudden Hill | The Building Boy | The Invisible String | Bottled | Be Kind | Giraffe's Can't Dance |
| Author | by Rachel Bright and Chris Chatterton | by Anne Booth and David Litchfield | by Wendy Meddour and Daniel Egneus | by Linda Sarah and Benji Davies | by Ross Montgomery and David Litchfield | by Pairice Karst | by Tom Brassington and Joe Brassington | by Pat Zietlow Miller | by Giles Andreae |
| Front cover |  |  |  |  |  |  |  |  |  |
| Theme | Worries Anxiety | Sadness | Friendship New friends | Friendships Jealousy | Grief | Connections Attachment | Emotions Communicating | Kindness | Encouragement Self-belief |