

## Skelton School Mental Health and Wellbeing - Picture Books for Emotional Literacy

Title	The Colour Monster goes	No Longer Alone	The heart and the Bottle	Have you filled a bucket today?	Super Duper You	The Invisible	My Strong Mind	Perfectly Norman	Ruby's Worry
Author	to school by Anna Llenas	By Joseph Coelho	by Oliver Jeffers	by Carol McCloud	by Sophy Henn	by Tom Percival	by Niels Van Hove	by Tom Percival	by Tom Percival
Front cover	The Colour Memotir	Joseph Coelho  Manusham or Booss Wants-Owsk	The Meart as the BOTTLE	Have You Filled a Bucket Today?  A Guide to Pally Happiness for Kids  Ey Carol McRozer Bustnessed by Parid Mossing	SUPER	The INVUBLE TOM PERCIVAL	A STORY ARCH TOUCHES AND IN STRUGT-	PERFECTLY NORMAN	AUD TO TERCUAL
Theme	First day of school Nervousness	Shyness Sadness Loss	Sadness and Loneliness	Kindness	Being yourself Uniqueness	Being seen Making a difference	Growth mindset Resilience	Being yourself Confidence	Worries Communicating

Title	The	Shelter for	The Friendship	On a Sudden	The Building	The Invisible	Bottled	Be Kind	Giraffe's Can't
	Worrysaurus	Sadness	Bench	Hill	Boy	String			Dance
Author	by Rachel Bright	by Anne Booth	by Wendy	by Linda Sarah	by Ross	by Pairice Karst	by Tom	by Pat Zietlow	by Giles
	and Chris	and David	Meddour and	and Benji Davies	Montgomery		Brassington and	Miller	Andreae
	Chatterton	Litchfield	Daniel Egneus	-	and David		Joe Brassington		
					Litchfield				
Front	WORRYSAURUS	ter for Sal	THE VERDY PERDUR DAMES, EARLY STREET	P		of femous in recover for the area of the con-		N 138 (2 100 ) (b)	© ciraffes (an't
cover	MUNITONIANO CONTRACTOR	sketter Sidness	FRIENDSHIP		D.The State of the	Strills.		BE KIND	© CIRAFFES CAN'T * DANCE.
			BENCH	15	Buleding	Mary Mary and Mary an	Bottled	Part I	
				A Cultur	, 501	Patrice Communication of the C	Tom Brassington 6 Joe Brassington A Picture Book to Melic Children Shaw Their Seelman	ar ke	* * * * * * * * * * * * * * * * * * * *
	RECELL BEIGHT CHIEF CHARFECINE	Then econ a postuciques		On Sudden Hill Linds Sanit and Bens Davies	Ross Montgomeny, David Litchfield			Fast Zeethow Settler 🍪 anderson by Jen Hall	GILES ANDREAR N. GUY PARKER-BEES
Theme	Worries	Sadness	Friendship	Friendships	Grief	Connections	Emotions	Kindness	Encouragement
	Anxiety		New friends	Jealousy		Attachment	Communicating		Self-belief
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